



# Ocean View Dental

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## INSTRUCTIONS TO CROWN AND BRIDGE PATIENTS

The following instructions will help you get the best wear from your temporary.

1. Crowns usually take two appointments:
  - a. Appointment 1: prepare the tooth for the lab, take an impression or scan, match your tooth shape and shade and place a provisional
  - b. Appointment 2: Bond or cement your new crown.
2. Bridge will take two to three appointments. If it is a three-appointment procedure the second appointment will involve a framework try in for your bridge.
3. Your gums will be sore after your first appointment. The tooth should feel normal the next day. Please call the office if the bite feels off or if you are having lingering cold or pain sensitivity.
4. Warm salt water rinses and Ibuprofen (600mg) will help with any discomfort on the first evening after your crown is prepped.
5. Your provisional (temporary) is designed to come off at the second appointment but should stay on until that time. Please observe the following precautions to help keep it in place
  - a. When flossing, pull the floss out the side instead of upward through the contact.
  - b. Avoid sticky foods.
  - c. If the provisional comes off, please call the office and we will arrange for an appointment for you to have it recemented.
6. Please call with any questions or concerns. Our business phone is listed above